

# MONVEE FAQs

## How long is the Monvee program?

Our prayer is that spiritual growth can become a way of life for all of us, as opposed to a program with a beginning and end. However, Monvee can last as long as you want.

## How much does it cost?

There is an initial investment of \$15 for the Monvee Pak.

## I've taken the free assessment from *The Me I Want To Be - am I done?*

No, the free assessment is separate from the online Monvee plan. Once you've decided you wish to commit to spiritual growth, you just purchase a Monvee Pak. The Pak includes individual registration codes so when you complete your online profile and assessment, a Spiritual Growth Plan is customized just for you.

## How often should I access Monvee?

You can access as often as you like based on your plan. You might want to visit daily and read John Ortberg's and Monvee's blogs, as well as see the verse of the day. If you haven't accessed your plan for a while, you may receive a reminder email from Monvee.

## What does my Spiritual Growth Plan include?

Your plan includes a wide variety of recommendations in all four areas of growth (Time, Mind, Relationships, Experience). These recommendations are a combination of thousands of Monvee resources as well as CRB's ministries, small groups and serving opportunities.

## What if I am participating in a growth activity that isn't listed by Monvee or included in my recommendations?

You are able to add your own resources in each of the four areas.

## How often should I re-take the assessment?

You can take the assessment as often as you wish. As you complete different portions of your Spiritual Growth Plan, you'll find your answers changing a little bit each time. And as you grow, you'll get an updated set of recommendations.

## Who has access to my info?

Your personal Monvee data is completely confidential (CRB does not have access to it). The only info we can view is aggregate data that shows real time trends/statistics within our congregation - this will help us plan messages and topics to address the needs of our congregation.

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## More Monvee Questions?

There is more information available on our website:

[www.thechurchatrb.org/grow/monvee](http://www.thechurchatrb.org/grow/monvee)

Or contact Nicole Shepard at [nicole@thechurchatrb.org](mailto:nicole@thechurchatrb.org) / 858.592.2434 x338